

Pure Life

TODAY PURE NUTRITION • HEALTHY LIVING
VOLUME 1, ISSUE 3



The Popular Rise of Powerful Superfoods!

4 powerful products for energy and vitality

Discover the most nutrient-dense foods

Learn how to make a refreshing Superfood drink

SUPERFOODS

for Optimum Health

At a time when our bodies are demanding more nutrition than ever, our food supply has become increasingly depleted. That's why Superfoods are becoming so popular with those who are health conscious and looking to make the best food choices possible. Superfoods contain more nutrition gram for gram than common foods.

Eggs, walnuts and Brussels sprouts are among the variety of Superfoods found on grocery store shelves, but even more powerful Superfoods are found in supplement form. RBC Life has been offering Superfood products for decades to support our Member's health the way nature intended.

RBC Life Superfood products are minimally processed to keep their natural health-promoting compounds intact. Like all of our products, they are fully tested in our GMP-certified lab. These high-quality Superfood supplements will help you meet your body's demand for powerful nutrition.

Our Superfood Starter Pack offers an array of popular Superfood drinks and supplements that will give you energy and vitality while helping to fill in the gaps left by the typical diet. It contains our high-quality organic Spirulina tablets and green foods powder along with our powerful antioxidant beverage and signature mineral-based antioxidant.

Green Phyto-Power

Green Phyto-Power, a concentrated source of organic green vegetables, is packed with the nutritional power of wheat grass, barley grass, alfalfa, and more. With no chopping or juicing required, you can consume cleansing vegetables in a delicious smoothie or green drink that will nourish your body.

Green Phyto-Power can be conveniently added to water, juice, OliViva®, TruAloe®, or a smoothie to help fill in the gaps left by our modern diets. Our nutrient and enzyme deficient diet often leads to a low mood, overeating, and a serious lack of necessary micro-nutrients. As a result, we are constantly playing catch-up to our body's nutritional needs.

With 19 organic, nutrient-dense foods including rich grasses, vegetables, fruits and sea plants, Green Phyto-Power offers a convenient source of the whole foods your body needs for optimal health. It contains cruciferous vegetables, which play a role in hormone health, and super fruits like acai berry and antioxidant-rich cherries. Regular consumption of plant-based phytochemicals is critical to maintaining health because these foods contain hundreds of biologically active constituents not present in processed foods.*



OliViva®

OliViva harnesses the power of the world's most legendary Superfoods in one energizing drink. This powerful antioxidant drink possesses an incredibly high ORAC score! ORAC is a measurement of how well an antioxidant helps your body protect itself from free radical damage.* OliViva's ORAC is over 119,000 - higher than most other nutritional juices on the market.

OliViva contains olive leaf extract from freshly harvested, organically grown olive leaves. Olive leaf has been extensively researched for its health promoting properties. It provides powerful support to the immune and digestive systems. OliViva also contains green tea and the antioxidant power of Kona Red fruit to combat free radicals, support immunity, enhance mental clarity and boost your energy.*



Spirulina

One of the most popular Superfoods in the world is **Spirulina**. It is the most nutritionally complete food on the planet, and a rich part of RBC Life's history. One of our company founders, Dr. Christopher Hills, did more than anyone to bring the benefits of Spirulina to light in America. It is rich in complete protein, phytonutrients, and chlorophyll.*

Spirulina is an excellent source of complete protein and numerous phytonutrients which act as powerful antioxidants. It is also abundant in chlorophyll, which cleanses the body of the toxins and heavy metals we are exposed to every day. It is one of the most nutritionally complete foods on the planet, and we offer many ways to make it part of your daily diet.

Our Organic Spirulina is cultured in controlled ponds in fresh water. It is supplied necessary nutrients for healthy growth. Paddle wheels stir the water, ensuring even exposure of the algae to the sun. The water is kept alkaline to maximize Spirulina growth and to prevent any other species from growing in the ponds.



In today's fast paced world, our need to supplement with antioxidants has never been higher. Only one ounce of OliViva gives you the antioxidant power of over ten servings of fruits and vegetables! It is a wonderful addition to the diet of anyone who leads a stressful life or who desires increased vitality and immune support.*

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. The statements and quotations are direct quotes and observations from RBC Life customers. The statements and quotations are personal accounts and do not represent factual findings or opinions of RBC Life Sciences, Inc.



Superfood Juice

Try this refreshing drink for a natural pick-me-up with antioxidant power, immune support and cleansing benefits!

- 1 oz. OliViva
- 1 scoop Green Phyto-Power
- 2 oz. fruit juice
- 3-4 oz. pure water

Combine all of the above in a glass, stir well and enjoy!



rbc life®

Microhydrin®

Microhydrin is a top selling product because people love the way they feel with this unique mineral-based antioxidant. This uniquely powerful antioxidant supplies your body the building blocks to create cellular energy. It also helps to offset the acidic nature of our diets by balancing the body's pH. Within the proper pH range, the body can exercise its amazing capacity to restore itself.

Microhydrin is a unique silicate mineral; a compound of silica and hydrogen anions that contain loosely bound extra electrons. The extra electrons are freely given to neutralize free radicals. Microhydrin is unique because hydrogen, being the smallest element, can provide more electrons than common antioxidants.

Research shows that Microhydrin not only neutralizes free radicals, but it also helps to oxygenate our cells and create more energy on a cellular level. Those who work out find they can work longer, play harder or run faster than before with Microhydrin. This unique product gives us the electrons normally found in raw foods, so we have the energy for anything on our day demands.*

Superfood Starter Pack

Experience the benefits of adding Superfoods to your nutritional regimen with the Superfood Starter Pack. It offers a simple solution for meeting your body's demand for powerful nutrition with products that are convenient and easy to use. The products in your Superfood Starter Pack will give you the powerful nutritional support your body needs for energy, immune support, daily detoxification and much more.

Superfood Starter Pack Contains:

- (1) OliViva
- (1) Green Phyto-Power
- (1) Spirulina 200 ct
- (1) Microhydrin 120 ct
- (1) Member Kit



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